

Restrictive Practices within a Positive Behaviour Framework

Enhance Health Services (EHS) has a professional allied health team that are able to tailor and modify training to suit your needs. We are Sydney based and are willing to quote for training throughout NSW and the ACT.

Restrictive Practices training covers the practices that are prohibited and those which are restrictive when supporting people with a disability. Restrictive Practices training is best used in conjunction with Positive Behaviour Support. The framework surrounding positive behaviour support includes an understanding of a person centred approach to supporting customers to make choices, build skills and live a full and inclusive life.

Key Learning objectives

- Overview of Human Rights and the framework of disability support
- Positive Behaviour Support and what that looks like
- Duty of Care v's Dignity of Risk. Identifying what the boundaries of the role of support workers are when it comes to the choices of customers
- Awareness of what is a prohibited and restrictive practice
- Awareness of the consequences of using a prohibited and restrictive practice
- Awareness of the process of getting a restrictive practice approved for use
- Responsibilities of recording and documenting the use of a restrictive practice and fade out strategies
- Alternatives for a best practice approach to disability support.

Duration

1 day (or can be delivered as 2 x 3 hr)

Contact the Enhance Health Services Team on

1300 372 747 or email **info@ehs.org.au**

Training also available:

- Basic Medication Administration Training
- Disability Awareness Training
- Basic Epilepsy Training